



Annual Meeting of the Swiss Society of Sleep Research, Sleep Medicine and Chronobiology (SSSSC)

Zurich Sleep Medicine Symposium 2012

Wednesday, April 11, 2012, 13:00–18:45

Thursday, April 12, 2012, 8:30–18:30

University of Zurich, Hörsaal Haldeliweg
Haldeliweg 2, 8091 Zurich



**UniversityHospital
Zurich**



Swiss Society of Sleep Research,
Sleep Medicine and Chronobiology

Annual Meeting SSSSC Zurich Sleep Medicine Symposium 2012

Dear Colleagues

We would like to invite you to the 2012 joint conference of the Swiss Society of Sleep Research, Sleep Medicine and Chronobiology (SSSSC) and the Sleep Medicine Symposium of the Zurich University Hospital.

The conference starts on Wednesday April 11th with a symposium of the recently founded Zurich Sleep Research Network: Various sleep research groups based at the University of Zurich and the University Hospitals will give overviews of their current joint activities, a great opportunity to pick up some new ideas for your own research and to network with internationally renowned scientists.

The program of the 2012 conference of the SSSSC includes a broad selection of workshops interesting to both clinicians and scientists, as well as presentations on hot topics of sleep research, sleep medicine and chronobiology.

The Zurich Sleep Medicine Symposium on Thursday April 12th will focus on clinically important issues in patients with respiratory and neurological sleep disorders presented by leading international specialists.

We look forward to seeing you in Zurich and hope you will enjoy the conference.

PD Dr. Malcolm Kohler
for the Organizing and
Scientific Committee of
the SSSSC

Prof. Dr. Konrad Bloch
Co-Chair Zurich Sleep Medicine Symposium

Prof. Dr. Peter Achermann
President SSSSC

PD Dr. Christian Baumann
Co-Chair Zurich Sleep Medicine Symposium

Program Day 1, Wednesday April 11, 2012

12:00	Arrival
12:50	Official Welcome M. Kohler, P. Achermann
13:00	Symposium Zurich Sleep Research Network UZH Chairs: H.-P. Landolt, R. Huber
15:00	Coffee break
15:30	First Round of Workshops Workshop 1 Which OSA patients should be treated? J. Stradling, R. Thurnheer Workshop 2 Sleep disorders in children O. Jenni Workshop 3 Disorders of the circadian rhythm M. Münch, V. Bromundt Workshop 4 Sleep and Epilepsy H. Gast, R. Khatami Workshop 5 Insomnia in psychiatric disorders: a neglected aspect M. Hatzinger, J. Beck
16:30	Second Round of Workshops (see above) Please choose 1 workshop per round and indicate your choice on the registration form. Fee CHF 50.-/2 workshops.
17:30	Break
17:45	Main Session 1 Chairs: M. Kohler, R. Heinzer OSA: Different treatments for different phenotypes? D. Eckert OSA and metabolic syndrome in the general population J. Haba-Rubio Sleep disturbances at altitude T. Latshang
19:30	Social event SSSSC Dinner CHF 80.-/person, students CHF 40.-

Program Day 2, Thursday April 12, 2012

- 08:30 **Main Session 2**
 Chairs: C. Cajochen, M. Münch
- Live to the rhythm, slave to the rhythm**
 E. Van Someren
- A non circadian role for clock genes in sleep regulation**
 T. Curie
- A time to think: circadian rhythms in human cognition**
 C. Schmidt
- 09:30 **Coffee break**
- 10:00 **Oral presentations**
 Chairs: M. Tafti, S. Brown
- Presentation of selected scientific papers**
- 11:30 **Poster Viewing**
 Chairs: H.-P. Landolt, P. Franken, J. Mathis, R. Huber
- 12:30 **Lunch Break**
- 13:30 **General Assembly SSSSC**
- 14:30 **Main session 3**
 Chairs: R. Khatami, H. Gast
- Sleep and Epilepsy**
 M. Walker
- H1N1 infection, vaccination and narcolepsy**
 M. Partinen
- 15:30 **Coffee Break**
- 16:00 **Awards**

Program Day 2, Thursday April 12, 2012 (continued)

Zurich Sleep Medicine Symposium 2012

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Chairs: C. Baumann, K. Bloch

- 16:30 **Assessment of driving ability in patients with OSA**
R. Grunstein
- 17:00 **The impact of CPAP therapy on cardiovascular events**
F. Barbé
- 17:30 **REM sleep behaviour disorder:
Idiopathic versus Parkinson-related**
A. Iranzo
- 18:00 **REM sleep behaviour disorder:
Assessment and associated symptoms**
Ch. Baumann
- 18:30 **Reception**

Speakers and Chairs

(In alphabetical order)

Speakers

Barbé, Ferran	Lleida	Spain
Baumann, Christian	Zurich	Switzerland
Beck, Johannes	Basel	Switzerland
Bromundt, Vivien	Basel	Switzerland
Curie, Thomas	Lausanne	Switzerland
Eckert, Danny	Boston	USA
Gast, Heidemarie	Bern	Switzerland
Grunstein, Ronald	Sidney	Australia
Haba-Rubio, José	Lausanne	Switzerland
Hatzinger, Martin	Solothurn	Switzerland
Iranzo, Alex	Barcelona	Spain
Jenni, Oskar	Zurich	Switzerland
Khatami, Ramin	Barmelweid	Switzerland
Latshang, Tsogyal	Zurich	Switzerland
Münch, Mirjam	Lausanne	Switzerland
Partinen, Markku	Helsinki	Finland
Schmidt, Christina	Basel	Switzerland
Stradling, John	Oxford	England
Thurnheer, Robert	Münsterlingen	Switzerland
Van Someren, Eus	Amsterdam	The Netherlands
Walker, Matthew	London	England

Chairs

Achermann, Peter	Zurich	Switzerland
Baumann, Christian	Zurich	Switzerland
Bloch, Konrad	Zurich	Switzerland
Brown, Steve	Zurich	Switzerland
Cajochen, Christian	Basel	Switzerland
Franken, Paul	Lausanne	Switzerland
Gast, Heidemarie	Bern	Switzerland
Heinzer, Raphael	Lausanne	Switzerland
Huber, Reto	Zurich	Switzerland
Khatami, Ramin	Aarau	Switzerland
Kohler, Malcolm	Zurich	Switzerland
Landolt, Hans-Peter	Zurich	Switzerland
Mathis, Johannes	Bern	Switzerland
Münch, Mirjam	Lausanne	Switzerland
Tafti, Mehdi	Lausanne	Switzerland

Call for Abstracts

Please send us your abstracts by February 8, 2012.

Criteria for abstracts

Authors	List all authors and their institutions.
Title	Maximum of 250 characters (incl. spaces).
Abstract Body	Maximum of 2500 characters (incl. spaces), in English , structured in Background, Methods, Results, Conclusions .
Figures/Tables	Maximum 1 figure or 1 table.
Funding	At the end of the abstract, the funding of the study has to be indicated.
Requested format	Word (doc).

Please send your abstracts by Email to

Yvonne Fernández, University Hospital Zurich, Dept. of Neurology,
Frauenklinikstrasse 26, CH-8091 Zurich
Email: yvonne.fernandez@usz.ch

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Please register **by February 8, 2012**
(see registration form attached or on www.ssssc2012.ch).

The **fees for the workshops** (CHF 50.–/2 workshops) and the **social event** (CHF 80.–/person, CHF 40.–/students) have to be paid **by bank transfer by March 31, 2012**.

Bank Details:

Bank Name: Zürcher Kantonalbank, CH-8022 Zürich
SWIFT Code: ZKBCHZ80A
IBAN Code: CH80 0070 0110 0037 2106 1
Account Holder: Yvonne Fernández, Chämletenweg 4, CH-8153 Rümlang
Account Name: «Schlafmedizin»

Venue

Tramline #6 from Zurich Main Trainstation to the stop «Platte».



Annual Meeting SSSSC Zurich Sleep Medicine Symposium 2012

Registration Form

Please register by February 8, 2012, using this form or via www.ssssc2012.ch.

I will attend

- the Annual Meeting SSSSC and the Zurich Sleep Symposium 2012
- the Zurich Sleep Symposium 2012 only
- the following 2 workshops (please indicate max. 1 in each column):

Round 1: 15:30–16:30

- Workshop 1
- Workshop 2
- Workshop 3
- Workshop 4
- Workshop 5

Round 2: 16:30–17:30

- Workshop 1
- Workshop 2
- Workshop 3
- Workshop 4
- Workshop 5

CHF 50.– for the 2 workshops, to be paid by bank transfer
by March 31, 2012.

- Social event SSSSC on April 11, 2012**
(CHF 80.–/person, CHF 40.–/student), to be paid by bank transfer
by March 31, 2012.

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Account Name: «Schlafmedizin»

Title/Complete Name: _____

Institution: _____

Department: _____

Address: _____

ZIP Code/City: _____

Email: _____

Phone: _____

Date/Signature: _____

Please send to

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Frauenklinikstrasse 26, CH-8091 Zurich
Fax +41 44 255 92 01, Email: yvonne.fernandez@usz.ch

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